

# Pro Knee® Care Instructions for all kneepad models

## No Wrinkle Liners

1. Remove the 2 Philips Head screws on the front of the kneepad that hold the Rubber Boot in place.
2. Carefully remove No Wrinkle Liner from the Hook 'n Loop strip.
3. Hand wash the No Wrinkle Liner with dish or hand soap and rinse well.
4. Wring out excess water as much as possible by hand. (Thoroughly dry if time permits)
5. Re-install the No Wrinkle Liner onto the kneepad frame and then re-install the 2 Philips Head Screws securing the Rubber Boot.

## Cushion Inserts

1. Remove No Wrinkle Liner using steps 1 & 2 listed above.
2. Leave Cushion Insert wire tied to frame and scrub dish or hand soap onto surface of Cushion Insert. Then rinse until soap suds are gone and water is clear. (Excess water will not harm frames or Cushion Inserts).
3. Let Cushion Insert dry thoroughly if time permits. (Using kneepads while damp doesn't affect performance).
4. Re-install No Wrinkle Liner using step 5 listed above.

## Maintaining Rubber Boots

**General cleaning should be done on a daily or as needed basis to keep surface free from grit and transferable grime.**

1. Scrape off as much residue as possible using hand scraper.
2. Then wipe remaining residue with Clorox wipes or charcoal lighter fluid until surface is free from grit and grime.